

ABSTRACT OF THE DISCLOSURE

An apparatus for assisting in training players of golf includes a platform having two coplanar members situated on the platform, in which the first member is fixed in position on the platform and the second member may move relative to the first member. A biasing device, in the absence of an externally applied force, causes the first member and the second member to be adjacent one another. A third member, which may be removable, is located transversely of the first and second members, may receive a golf ball thereon.